

Volunteer SCENE

A MONTHLY NEWSLETTER FOR HOSPICE OF HAVASU VOLUNTEERS



**Volunteer
Continuing
Education**

Volunteers: Past and future

At the annual Volunteer Brunch, two hard-working volunteers were cited for their efforts. Kay Champaigne, standing left, was honored for more than 900 volunteer hours in 2007 and Emma Lepicek, seated, was cited for more than 5,000 lifetime volunteer hours. They are congratulated by Janet Baier, Manager of Volunteer Services. A new class of volunteers is also ready to begin work. The class: Alanna Adams, Carol Alexander, Jenny Anderson, Lola Averett, Dwight Belknap, Elaine Belknap, Beverly Callagy, Sandra Carver, Lunda Fulkman, Heidi Gray, Ray Henderson, Sharon Henderson, Harry Johnson, Charlene Lark, Marilyn Layel, Ann Lee, Ellen 'Jo' Lopez, Tom Lyons, Dorothy Marsh, Bernice Michika, Dorothy Mispelon, Barbara Paauwe, Judy Scartozzi, Anita Smith, J. Karen Smith, Shelley Smith and Judy Weldgen.



LAKE HAVASU CITY
Meetings are at 10 a.m.
on Mondays

April 14
Communicating with
Compassion

April 28
No Meeting

PARKER
Meetings are on the 2nd and
4th Tuesdays at 11 a.m.

April 8
The Greatest Gift -- Learning
to Listen with Love

April 29
No meeting

**National Volunteer
Week Breakfast
Cancelled**

**No meditation until
September**

April 29, 2008 - Celebration
of Life - Hampton Inn

Hospice of Havasu Volunteers: What a Team

*Faye Story
Grief Support Facilitator*

Being a Hospice Volunteer has taught me many things. The gift of time is priceless. Not only is it rewarding for the volunteer involved, but a rich blessing to the recipient as well.

I've been on both the

receiving and the giving end of Hospice caring.

The Volunteer will most likely say that they have gained much more than they have given.

It takes a little discipline to create the time out of one's already busy schedule.

But it is well worth it, to dedicate a block of time to

share yourself with others.

I never knew I had anything to offer anyone else.

I found out that everyone has what it takes, a caring heart and a compassionate listening ear.

We all possess that attribute. Some of us just need to exercise it a bit.

We only need:

- V** - vision to see the results
- O** - make others feel loved and comfortable
- L** - to share love beyond measure
- U** - understanding the needs
- N** - never judgmental
- T** - trustworthy and tender
- E** - effective and edifying
- E** - educated and eager
- R** - reliable and real
- S** - supportive and sincere

How To Dance in the Rain!

During a busy week, I received this e-mail from one of our volunteers to pass along to others. Many of you may have already seen this but I would like to share it with you.

-Janet

It was a busy morning, about 8:30, when an elderly gentleman in his 80's, arrived to have stitches removed from his thumb. He said he was in a hurry as he had an appointment at 9 a.m. I took his vital signs and had him take a seat, knowing it would be over an hour before someone would be able to see him. I saw him looking at his watch and decided, since I was not busy with

another patient, I would evaluate his wound.

On exam, it was well healed, so I talked to one of the doctors, got the needed supplies to remove his sutures and redress his wound.

While taking care of his wound, I asked him if he had another doctor's appointment this morning, as he was in such a hurry. The gentleman told me no, that he needed to go to the nursing home to eat breakfast with his wife.

I inquired as to her health. He told me that she had been there for a while and that she was a victim of Alzheimer's Disease. As we talked, I asked if she would be upset if he was a bit late. He replied that she no longer knew who he was, that she had not recognized him in five years now.

I was surprised, and asked him, "And you still go every morning, even though she doesn't know who you are?"

He smiled as he patted my hand and said, "She doesn't know me, but I still know who she is."

I had to hold back tears as he left, I had goose

What Cancer Cannot Do

Cancer is so limited

- √ **It cannot cripple love.**
- √ **It cannot shatter hope.**
- √ **It cannot corrode faith.**
- √ **It cannot eat away peace.**
- √ **It cannot destroy confidence.**
- √ **It cannot kill friendship.**
- √ **It cannot shut out memories.**
- √ **It cannot silence courage.**
- √ **It cannot invade the soul.**
- √ **It cannot reduce external life.**
- √ **It cannot quench the spirit.**

Cal Harnetiaux, one of our former patient care volunteers, shared this poem with me back in 2002 and I thought I would include it in this newsletter for you to read.

bumps on my arm, and I thought, "That is the kind of love I want in my life."

True love is neither physical, nor romantic. True love is an acceptance of all that is, has been, will be, and will not be.

With all the jokes and fun that are in e-mails, sometimes there is one that comes along that has an important message. I had to share it with you.

Oh, by the way, peace is seeing a sunset & knowing who to thank. The happiest people don't necessarily have the best of everything; they just make the best of everything they have.

I hope you share this with someone you care about. I just did. "Life isn't about how to survive the storm, but how to dance in the rain."

There is a Heaven for Volunteers

Many will be shocked to find
When the Day of Judgment
nears,
There's a special place in
Heaven
Set aside for volunteers:
Furnished with big recliners,
Satin couches and footstools,
Where there's no
Committee
Chairmen,
No group leaders,
No car pools.
No eager team that needs a
coach,
No bazaar and no bake sales.
There will be nothing to
staple,
Not one thing to fold or
mail.
Telephone lists will be
outlawed,
But a finger snap will bring
Cool drinks and gourmet
dinners
And rare treats fit for a King.
Who'll serve those
privileged few?
And work for all they're
worth?
Why . . . all those who reaped
The benefits,
And NOT ONCE
volunteered on earth.

April Birthdays

Belle Kastoll - April 02
Patricia Wallace - April 02
E. Jo Lopez - April 09
Tara Lough - April 09
Sheila McDonald - April 13
Vern Gohl - April 17
Alanna Adams - April 19
Pamela Swanson - April 25
Del McMinn - April 26
Margaret Lang - April 27
Charlene Lark - April 28