# LAKE HAVASU CITY



# Resource Guide



# Lake Havasu City | Bullhead City Areas HospiceHavasu.org 928-453-2111

Providing Compassion and Care with Dignity since 1982

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#### NOTE:

Hospice of Havasu is pleased to provide you with this Resource Guide. Hospice of Havasu does not endorse any of the services or businesses in this Guide, but provides them to you so you can make your own decision.

#### ADDICTION/RECOVERY TREATMENT

Arizona Recovery Center 928-733-5101 www.AZRecover.com

Community Medical Services 928-764-7266 communitymedicalservices.org

Hickory Recovery 800-638-6499

Rivyve Behavioral Health 2150 Silver Creek Rd., BHC 928-296-8898

#### ADULT PROTECTIVE SERVICES

Adult Protective Services 928-854-0376 • File a report: 877-767-2385 or https://des.az.gov • APS Registry of Perpetrators https://des.az.gov/APSRegistry

# **ANIMAL SERVICES**

Western Arizona Humane Society 928-855-5083 2610 Sweetwater Ave.

Lietz-Fraze Family Pet Crematory 928-855-4450

#### AREA AGENCY ON AGING / WESTERN ARIZ. COUNCIL OF GOVERNMENTS 800-782-1886

Kingman Office 928-753-6247

- Benefits Enrollment Center
- Meals on Wheels
- Respite, housekeeping
- SNAP Application Assistance
- State Health Insurance
- Assistance Program (SHIP)
- Weatherization Program
- Wellness Programs

## ASSISTED LIVING & SKILLED NURSING FACILITIES

(\* Accepts ALTCS)

# LARGER ASSISTED LIVING FACILITIES

Avista Senior Living Lake Havasu 928-680-1701 3076 Shoshone Dr.

Neighbors Assisted Living North \* 928-855-5558 2845 Havasupai Blvd.

Neighbors Assisted Living South \* 928-733-3048 2731 Jamaica Blvd. S.

Claremont Assisted Living 928-855-4843 1221 Claremont Dr.

Vista Pointe at Lake Havasu City 928-680-1818 90 South Smoketree Ave.

#### SMALLER ASSISTED LIVING GROUP HOMES

Casa Grande Assisted Living \* 928-854-8787 3801 Buena Vista Ave.

Flower's Senior Living & Memory Care \* 928-208-5088 2601 Palo Verde N.

Gems 2 Assisted Living 928-453-5251 2136 Senita Dr.

Gems 3 Assisted Living\* 928-680-4966 871 Thunderbolt Ave. Gems 4 Assisted Living\* 928-302-3447 1502 Avalon Ave., Units A & B

Home Is Where the Heart Is\* 928-302-1017 or 928-231-9441 3708 Hiawatha Dr.

Serenity Assisted Living \* 928-505-3908 or 928-486-6070 3677 Blue Colt Dr.

Lake House Assisted Living 928-302-3519 1970 Bahama Ave.

#### **MEMORY CARE**

The Village Vista Pointe at Lake Havasu City 928-680-1818 or 928-846-3757 90 South Smoketree Ave.

Lake View Terrace Memory Care \* 928-855-8099 320 Lake Havasu Ave. N.

#### SKILLED NURSING FACILITIES

Havasu Nursing Center \* 928-453-1500 3576 Kearsage Dr.

Haven of Lake Havasu \* 928-505-5552 2781 Osborn Dr.

Lingenfelter Center \* 928-718-4852 1099 Sunrise Ave., Kingman (From previous page) **OTHER** 

Ombudsman Program 928-217-7114

azdhs.gov - Facility Licensing

Western Arizona Senior Living • No cost assisted living guidance westernaz.com 928-955-9075

Advantage Senior Solutions & Concierge • Senior care, planning & placement 928-733-8681

Oasis Senior Advisors • No cost senior living services 928-278-3899

# **CAREGIVING SERVICES**

24/7 Adult Care Services 928-302-8452

ABRiO Care 928-692-7114

Accent Care 928-753-2462 or 888-830-4265

Alternate Solutions Care Giver Specialist 928-230-9811

Caring2Seniors 928-208-5088

Caring Hearts Assistant Services 928-614-2443

Caring Presence 928-771-0701 or 928-848-6690

Comfort Keepers 928-704-0005

Gems In-Home Care Services 928-453-5251 Desert Hearts Nursing & Home Care

Non-medical and skilled nursing
 928-577-2688

iCares 928-846-4191

Prileo Home Care 928-718-0071

# CHILDREN'S SERVICES

AZ Department of Child Safety 1755 McCulloch Blvd., N., Ste. 101 928-854-0315

Child Abuse Hotline 888-767-2445

Arizona's Children Association 928-680-4458 1407 McCulloch Blvd. N, Unit B • Support for grandparents raising grandchildren

Pregnancy Care 928-855-2273 500 N. Lake Havasu Ave., B104

WIC and Food Plus 928-453-0716

First Things First (birth - age 5) 928-854-8732

Charlie Health - Mental health & substance use support For ages 11 to 34 years old 928-622-9414

## COUNSELING SERVICES

AZ Statewide Crisis Line 844-534-4673

Suicide Hotline 800-273-8255 or 988

AA Hotline 877-652-9005

Mohave Mental Health Clinic 928-855-3432 2187 Swanson Avenue, LHC (See next page) (From previous page)

Southwest Behavioral & Health Services 928-453-2661 1845 McCulloch Boulevard, LHC

#### DEMENTIA/ALZHEIMER'S SERVICES

Dementia Connection of Havasu Havasu Community Health Foundation 928-453-8190

- Caregiver Support Groups
- Memory Screenings
- Virtual Dementia Tour

LHC PD Walk-Away program 928-855-1171

Mohave Co. Take Me Home Program 928-753-0753 TakeMeHome.Mohave.gov

Havasu Regional Medical Center Home Health Active Mind 928-680-1209

Foundation Home Health Alzheimer's/Dementia Mobility 928-493-4410

Alzheimer's Association, Desert Southwest Chapter, So. Nevada Las Vegas - 702-248-2770 Prescott - 928-771-9257 1-800-272-3900 **24-hour** • Call for emergency respite

Alzheimer's Foundation of America 866-232-8484 **24-hour** alzfdn.org

Banner Alzheimer's Institute 602-839-6900 banneralz.org Barrow Neurological Institute barrowneuro.org

Cleveland Clinic Lou Ruvo Center for Brain Health 702-483-6000

Mayo Clinic 800-446-2279

## DOMESTIC VIOLENCE

National Hotline 800-799-7233

Faith and Grace, Inc. Safe housing for women and children of domestic violence 24hour hotline 928-302-1358

HAVEN Family Resource Center (Havasu Abuse Victims Education Network) 928-505-3153 2174 McCulloch Blvd N

Colorado River Regional Crisis Services Parker 928-669-0107 or 888-499-0911

Kingman Aid to Abused People Shelter - 928-753-4242

WestCare AZ Safe House, BHC

- Crisis Line 928-763-7233
- 24-hr. Advocate 928-201-5136

Eve's Place Supports victims of domestic, sexual and teen dating abuse 844-301-7908

# DRIVER'S LICENSE

Motor Vehicle Division 2081 Spawr Circle 928-855-4355

Quick Stop Title & Registration • Driver License, ID, Handicap Placard 928-302-2111 1641 Mesquite Ave., Ste 102

#### DURABLE MEDICAL EQUIPMENT

All Paps 928-302-5133 1955 McCulloch Blvd. N. #102

Hanger Clinic 928-680-4673 1976 Mesquite Avenue, Suite B

Havasu Mobility Scooters & E-Bikes 928-287-5936 129 Paseo del Sol, Ste. 101

Lincare 928-680-1855 1964 Mesquite Ave., Suite B

Mobility Prosthetic and Orthotics 928-680-4089 1675 Mesquite Ave., Suite A

Preferred Home Care 800-636-2123 or 928-855-7290 2800 Sweetwater Ave.

Rotech 800-853-9705 or 928-669-8285 1991 Industrial Blvd., Ste. 102

#### EMERGENCY RESPONSE SERVICES (POLICE, FIRE, FRAUD)

#### FIRE

Lake Havasu City Fire Dept.

• Dispatch, Non-Emergency 928-855-4111

• Smoke Alarm & Knox Box programs 928-855-1141

Desert Hills Fire Dept. 928-764-3333

- Knox Box program
- Smoke Alarms

#### POLICE

Lake Havasu City Police Dept. Non Emergency 928-855-4111

LHC PD Walk Away Program 928-855-1171

Mohave County Sheriff 928-453-0745

#### FRAUD

Better Business Bureau 928-302-3701

#### EMERGENCY RESPONSE SYSTEMS

Alert1

866-217-1012 866-581-4540

Caring Responders -- Lincare 866-993-0661

Life Alert 800-360-0329

Healthcom, INC 800-525-6237

Life Beacon 888-502-3373

(See next page)

Medical Alert 1-800-800-7113

Mobile Help 800-800-1710

# FIDUCIARY

Public: Mohave County Public Fiduciary, Kingman 928-718-4959

Private: Mohave Estate Management Office (MEMO) 928-718-8080

# FOOD RESOURCES

Christ Chapel Food Pantry 928-855-7230 3450 Chemehuevi Blvd.

Food Bank - Havasu Community Health Foundation

 SNAP application assistance 928-264-1177
 1980 N. Kiowa Blvd.

Meals on Wheels 800-782-1886

Salvation Army 928-680-3678 2049 Swanson Ave.

Our Lady of the Lake Soup Kitchen 186 London Bridge Road 928-855-2685

St. Vincent De Paul Food Distribution Center 928-680-2874 1841 W. Acoma Blvd.

#### FUNERAL HOMES, AFTER DEATH SERVICES, CEMETERY, BODY DONATIONS

Bradbury Memorial Center 928-466-9111 3317 Highway 95 N., LHC

Lietz-Fraze Funeral Home & Crematory 928-855-4949 21 Riviera Blvd., LHC

Desert Lawn Funeral Home - LHC 928-854-3100 2225 N. Kiowa Blvd., LHC

Desert Lawn Funeral Home -Parker 928-575-1511

Parker Funeral Home Dignity Memorial Parker - 928-669-2156

Desert Lawn Funeral Home, Crematory and Memorial Gardens Mohave Valley – 928-768-5959 BHC – 928-768-5959

Dimond & Sons BHC – 928-763-5440 Fort Mohave – 928-768-4050 Needles, CA – 760-326-2323

#### AFTER DEATH SERVICES

Full-Circle Aftercare 888-713-4625 full-circlecare.com

#### **BODY DONATIONS**

MedCure 866-560-2525

Science Care 800-417-3747

Research for Life 800-229-3244

(See next page)

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Willed Body Donation U of A Health Services 520-626-6083

United Tissue Network 877-738-6111

Donate Life Arizona Organ donation https://www.donatelifeaz.org

# HAIR CUTS IN HOME

Janice's Beauty Salon 928-764-3331

CindyRella'z Hair Salon Cindy Williams 928-566-5180

Robin's Nest Traveling Salon 760-424-9402

## HEALTH

Havasu Community Health Foundation 928-453-8190

- Low cost labs & screenings
- Various support groups

Well Woman HealthCheck Program North Country Health Care 928-854-1800

American Lung Association 602-258-7505

National Multiple Sclerosis Society 1-800-344-4867

**POISON CONTROL** 1-800-222-1222

Mohave County Health Dept. 928-453-0703 2001 College Dr. Suite 115

# HEARING

AZ Commission for Deaf/Hard of Hearing 800-352-8161 www.acdhh.org

CapTel Captioned Telephone 702-595-7730 oeius.org

# HOME HEALTH CARE

Foundation Home Health 928-493-4410

Havasu Regional Home Health 928-680-1209

Hualapai Home Health Care 928-753-9015

# **HOME SERVICES**

Bob Chiapuzio Hun-E-Do 928-846-7900

Doug's Service Co. 928-208-9464

Havasu Grab Bars and Handyman 928-412-2933

Kimball Unlimited 928-733-9019

Lakeside Mobility Installs ramps, grab bars, vehicle mounted scooter lifts, etc. 928-412-1450

USA Trash Day 928-200-6722

# HOMELESS/SHOWERS

Cornerstone Mission Project 928-757-1535, Kingman

Catholic Charities - Homeless Outreach Support Services Patty Jacques 928-302-4890 Housing Program 928-758-4872 The Legacy Foundation Christine Stamper Center for Help & Hope • Food, showers, laundry, clothing, computers 1594 N. Oatman Rd., BHC

The Clothes Closet, Inc. 928-230-3113 • Clothes, Etc.

Nation's Finest 928-444-1135 1343 Hancock Rd., BHC • Assists homeless veterans • Prevents veteran homelessness

LGBTQ Awareness Group of AZ 928-715-6985

## HOME ORGANIZATION/ DOWNSIZING

Shannon's Organizing Solutions 928-900-4850

Lake Havasu Estate Sales 909-721-1723

# **HOSPICE CARE**

Hospice of Havasu 928-453-2111 232 London Bridge Road, Bldg. A

- Transitions Program
- Resale Store 928-855-5551 232 London Bridge Rd., Bldg. B



# HOSPITALS

Havasu Regional Medical Center 928-855-8185 101 Civic Center Ln.

LaPaz Regional Hospital, Parker 928-669-9201

Kingman Regional Medical Center 928-757-2101

Western AZ Regional Medical Center, BHC 928-763-2273

Valley View Medical Center Ft. Mohave 928-788-2273

#### Psychiatric /Behavioral Health Hospitals

St. Luke's Behavioral Health Hospital 602-251-8535 1800 E Van Buren St., Phoenix

Phoenix Medical Psychiatric Hospital 623-600-2730 or 877-398-4186 1346 E. McDowell Road, Phoenix

The Pavilion at Southern Hills Hospital and Medical Center Senior behavioral health services 702-916-5100 9300 W. Sunset Rd., Las Vegas

# LABS

Lab Corp 2082 Mesquite Ave., #114 928-855-4077

Sonora Quest 1964 Mesquite Ave., Unit A 928-854-6943

Havasu Regional Medical Center Labs

- 101 Civic Center Ln. 928-453-0120
- 1840 Mesquite Ave. Ste. D 928-453-1003

Any Lab Test Now 928-680-9500

## **MOBILE LABS**

A+ Mobile Lab Services 928-302-9805

First Mobile Lab Service 928-486-5370

Maggie's Lab Cab 928-486-3989

## LAUNDRY

Kiowa Coin-Op Laundromat Fluff & Fold – pick up & delivery 928-680-1456

## LEGAL SERVICES

AZ Attorney General 800-352-8431 www.azag.gov Life Care Planning for Medical Power of Attorney

#### Durable Power of Attorney (Financial)

 Maricopa County: superiorcourt.maricopa.gov Search "General Power of Attorney"  JacksonWhite Law: jacksonwhitelaw.com
 Search - ALTCS, ALTCS Resources, Forms and Resources, Financial Power of Attorney

Community Legal Services 928-681-1177 or 800-255-9031

#### Private Firms

JacksonWhite Law, Phoenix 800-243-1160 Jacksonwhitelaw.com Melissa Henak 928-727-0689

Vederman Law Office, LHC 928-505-0505

Rahnema Law Office, LHC 928-733-6317

#### **Documentation Preparation**

Complete Legal Services 928-854-7233

Legacy Estate Planning Solutions, Susan Kowalski 928-732-4504

Living Estate Solutions Eleanor Tarman 928-453-8966

Majestic's Legal Services 928-505-5545

Quick Stop Government Services 928-302-2035

TT's Legal Document Services 928-482-5150 • Mobile services available

Zion Paralegal Pamela Milburn 928-680-3370

# LIBRARY/LITERACY

Mohave County Library, LHC 928-453-0718

Lake Havasu Area Literacy Council 909-226-2747 LakeHavasuReads@gmail.com

Arizona Talking Book Library 602-255-5578 800-255-5578

# MEDICAID/DES

Adult Protective Services 928-854-0376

- File a report 877-767-2385
  File a report online
- https://des.az.gov

• APS Registry of Perpetrators https://des.az.gov/APSRegistry

AZ Long Term Care System (ALTCS) 888-621-6880

Department of Economic Security 855-432-7587 2031 Spawr Circle, LHC https://des.az.gov/

- Family Assistance
- Supplemental Nutrition
- Assistance Program (SNAP)
- Medicare Savings Program: QMB pays for part B premium, SLMB pays part B premium
- Arizona Health Care Cost Containment System (AHCCCS)

Division of Developmental Disabilities 928-854-0360 North Country Health Care 928-854-1800, ext. 7552 Application Assistance for Cash Assistance; AHCCCS; Food Stamps; Marketplace

# MEDICARE

800-633-4227 - medicare.gov

# NAIL CARE IN HOME

Foot Care Nurse 928-854-8585

# NOTARY - MOBILE

A+Mobile Notary 928-230-3599

Carlena Ashley 928-706-3252 • Mobile fingerprinting

Notary Now Mobile Service 928-302-4749

Trisha Kem-Bruesch 928-200-7374

# PARKINSON'S SERVICES

Muhammad Ali Parkinson Center 602-406-4931, Phoenix

Parkinson's Support Group 928-453-8190

# PHARMACIES

Albertsons 928-854-8281

Apothecary 928-855-0106

Bashas 928-854-9551

CVS 928-854-6300

Food City 928-855-2494

Lakeside Pharmacy 928-846-8818

Safeway 928-855-9200

Smith's 928-680-4449

Sunrise Pharmacy 928-733-5125

Walgreens 928-453-2808

Walmart 928-764-3737

Accountable Courier Services 928-208-3727 Pick up and deliver medications

## SENIOR CENTER

450 Acoma Blvd. S. 928-453-0715

- Daily welfare calls
- S.H.I.P. Insurance Counseling
- Free Tax Services

• Lake Havasu City Transit rides to the Senior Center 928-453-7600

#### SENIOR HOUSING INCOME QUALIFYING

Havasu Hills 62+ 928-855-4743 865 Cashmere Dr.

Becket House 62+ & disabled 928-855-7178 865 Cashmere Dr.

Briarwood 62+ 928-855-1447 2080 Moyo Dr.

Anacapa Apartments Any age 928-855-8808 1206 Anacapa Dr.

Lakeview Villas Any Age 928-855-5180 3140 Kearsage Dr.

# **SENIOR LIVING**

The Views at Lake Havasu Independent Senior Living 928-600-4743 2110 Swanson Ave.

#### SENIORS REAL ESTATE SPECIALIST / REVERSE MORTGAGE

Trisha Kem-Bruesch, SRES 928-200-7374

Jody Moruzzi, SRES 760-887-1835

Kay McCarthy, Certified Reverse Mortgage Specialist 720-670-0124

# SOCIAL SECURITY

Social Security Administration SSA.gov

Prescott Service Area:

- Lake Havasu City 877-457-1733
- Needles Service Area: Bullhead City, Mohave Valley 866-596-7946

#### SOCIAL SERVICE AGENCIES

Transitions

• Guidance, support, community resources, and services for people living with serious illnesses and their caregivers 928-453-2111

American Red Cross Northern AZ 928-779-5494 800-842-7349

Havasu Community Health Foundation 928-453-8190 2126 McCulloch Blvd., Ste. 14

- Support Groups and Programs
- Food Bank 928-264-1177

Salvation Army 928-680-3678 2049 Swanson Ave.

- Utilities & rent assistance
- Food boxes, sack lunches, & hygiene items

Goodwill

1990 McCulloch Blvd. N.

- Thrift Store 928-466-7017
- Career Center 928-466-7016 3269 Maricopa Ave.
- Thrift Store 928-466-7030

River Cities United Way 928-855-6333

- Volunteer Income Tax Assistance
- Call for other services

Americorps Seniors 928-715-2200

Milemarkers Therapy 928-854-5439

Women with Willpower Assistance when all other resources have been exhausted 928-854-8665

Denise's Day - Financial Assistance for cancer patients 928-855-7587

Cooking for Cancer - Financial Assistance for cancer patients 928-855-9781 or 928-490-1603

Cancer Care Resources Assistance for cancer patients info@cancercareresource.co.site 928-397-1589

## TAX ASSISTANCE

Help with income tax preparation

Senior Center 928-453-0715

River Cities United Way 928-855-6333

#### PROPERTY TAX ASSISTANCE

Mohave Co. Assessor 928-753-0703 • Senior Freeze, Widow's Exemption, Disability Exemption

# TRANSPORTATION

Lake Havasu City Transit 928-453-7600

## SHUTTLES

Day and Night Shuttle 928-486-7208

Five Dollar Holler 928-208-3376

B-Right There Shuttle 928-486-3600

## **AIRPORT SHUTTLES**

Vegas Airporter 928-854-5253

A Tri State Express 928-248-2539

#### AMBULANCE

River Medical - 928-855-4104

#### NON-AMBULANCE MEDICAL TRANSPORT

AAA (AHCCCS only) 888-409-9499

Tristan Transport (AHCCCS) 800-409-0026

Desert Health Transport 928-215-6684

Clear Choice Express 928-529-2060

Horizon Health Transport 928-362-0878

Basic Life Support, LLC 928-577-7173 Nonpareil Care 702-491-6611

# URGENT CARE

NextCare Urgent Care 928-453-4600 1810 Mesquite Ave., Suite B

TrueCare Urgent Care 928-846-4343 2035 Mesquite Ave., Ste. A

Lakeside Health Urgent Care 928-405-0079 1944 Mesquite Ave.

# **VETERANS AFFAIRS**

Arizona Department of Veterans Services- Benefits Counselor 602-535-1215 azdvs.gov

Disabled American Veterans, Chapter 27 928-855-0356 •VA hospital transportation

Veteran Angels, 501(c)3 888-319-1117 vetangels.org

Vietnam Veterans of America Mohave County Chapter 975 928-680-1597

VA CBOC 928-505-7100 145 Park Ave.

Lake Havasu Vet Center Readjustment Services 928-505-0394 **Crisis Line: 800-273-8255 or 988** 1720 Mesquite Ave., Suite 101

Dept. of Veterans Affairs National 800-827-1000

Veterans of Foreign Wars VFW Post 9401 928-855-5374 266 London Bridge Road • Medical Equipment Loaner Program

American Legion, Post 81 928-855-2552 181 Paseo Del Sol

Marine Corps League, Det. 757 928-733-8957 mcllhcdetachment757.org

Veterans Thrift Non-Profit Corp 928-680-4357 2130 Price Dr. Lake Havasu City Military Moms Support group, community service 626-327-1077

Jerry Ambrose Veterans Council Veterans Assistance 928-377-2487 928-715-1244

Be Connected www.beconnectedAZ.org 1-866-4AZ-VETS

Stonebridge Veterans - Coffee Time Randy Nelson 928-951-2594 Havasu Community Health Foundation 928-453-8190

#### HOMELESS VETERANS SERVICES

HUD/VASH Housing Program 877-424-3838

Nation's Finest

#### 928-444-1135

- •Assists homeless veterans
- Prevent veteran homelessness

Catholic Charities Veterans Housing Program and Homeless Outreach 928-300-0185

Veterans United Arizona 928-302-9547 • Assists homeless and at-risk

Assists nonneless and at-risk veterans in Mohave County
Veterans + 1st Responders Trading Post 928-846-7130

U.S.VETS Employment - 928-200-5631 Housing - 928-379-1763

#### VISUALLY IMPAIRED/ BLIND

Independent Living Older Blind (ILOB) Program 888-282-9857

Arizona Talking Book Library 800-255-5578

# VITAL STATISTICS

Birth and Death Certificates 602-364-1300 https://azdhs.gov/licensing/ vital-records/

#### WOUND CARE AND HYPERBARIC CENTRE

Havasu Regional Medical Center 928-854-1250

# **NOTES:**

# You are not alone



Hospice of Havasu Community Support programs are here to help you navigate some of life's greatest challenges.

# **Grief and Caregiver Support**

# Weekly Grief Support Groups

More information at hospicehavasu.org/calendar

# Individual Grief and Caregiver Counseling

Call to register for grief support groups or schedule an individual session.



There is no charge for these programs, thanks to our generous donors.

Lake Havasu City | Bullhead City Areas HospiceHavasu.org

# 928-453-2111

Providing Compassion and Care with Dignity since 1982

# TRANSITIONS

Transitions offers guidance, support, community resources, and services for people living with serious illnesses and their caregivers. Transitions is offered at no charge, thanks to generous Hospice of Havasu donors.

# Transitions can help you/your loved one who:

- Needs help finding services to maintain independence
- Is pursuing treatment
- Has increased care needs
- Needs help planning for long term care
- Feels isolated or lonely
- Has a caregiver in need of support
- Wants education about caregivers vs. Home Health vs. Hospice care

# **Transitions offers:**

- Goals-of-Care discussions
- Long term care planning
- Health Care Powers of Attorney
- Dementia resources
- Coordination with healthcare providers
- Emotional support
- Referrals to resources
- Homebound meal options
- Caregiver support
- Compansionship visits

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